

**I'M STILL  
ME :)**

**Me and my brain tumour**

# HELLO!

**You might have lots of thoughts and feelings about having a brain tumour, which might sometimes be confusing.**

This is your book where you can write down, draw or even stick things in that mean something to you. This book might also help you think about what to tell your friends about what it's like to have a brain tumour.

## WHAT MAKES ME, ME?

**Let's start with the simple stuff!**

My name

My age

This is me - add a photo or draw a picture



This is my family - add a photo or draw a picture



# THINGS I LIKE...



You can use this space to think about the things you enjoy and what makes you happy.

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# THINGS I DON'T LIKE...



There may be things that make you feel sad or worried.  
That's okay too. You can use this space to think about the  
'not so good' stuff.

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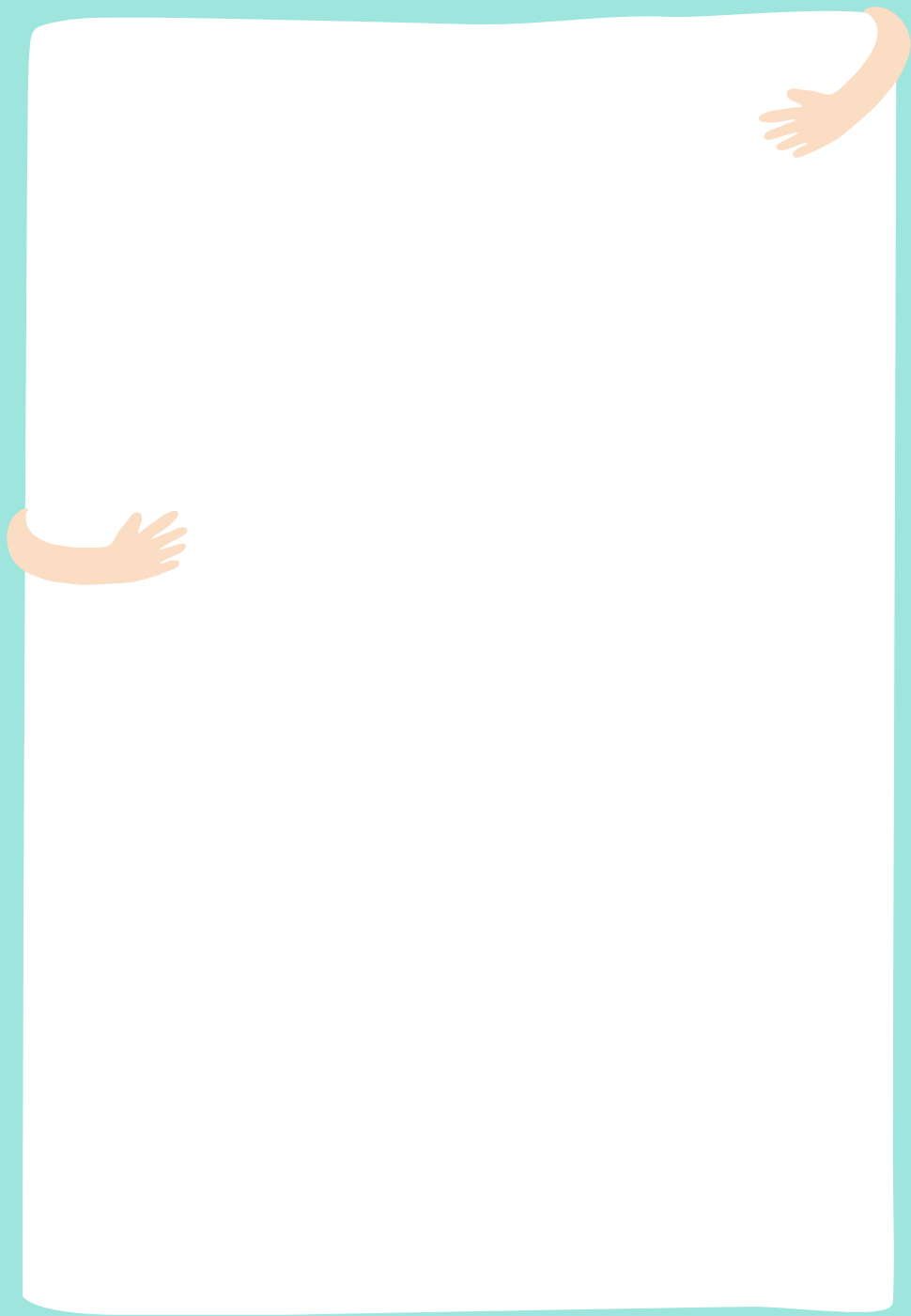




**You may have lots of different thoughts and feelings about your brain tumour. Some days you may feel happy, and others, sad, and this is totally normal.**

Use this space to think about your feelings. You can use different colours, words, stickers or pictures to describe how you feel. Try to also think about the things you can do to make yourself feel better if you're having a bad day.

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# WHAT'S THE SAME ABOUT ME?

We know that some things can feel different when you have a brain tumour, but there will also be lots of things about you that have stayed the same.

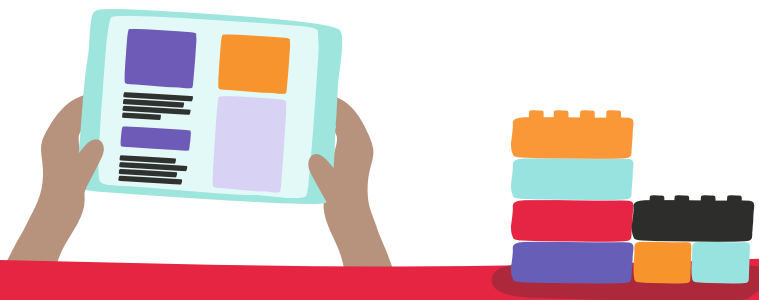
The things you're good at and enjoy are very important because these are what make you, YOU! From watching your favourite TV show, listening to music, doodling funny pictures or baking yummy treats, these can be different for everyone!

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# WHAT AM I GOOD AT?



# WHAT MIGHT BE DIFFERENT?



**It can feel tough when things change because of your brain tumour. You might have had time off school, feel more tired than you did before, or find it harder to concentrate on your school work.**

Use this space to think about what's changed and things you might need more help with. Remember you're not on your own and your friends and teachers will want to help.

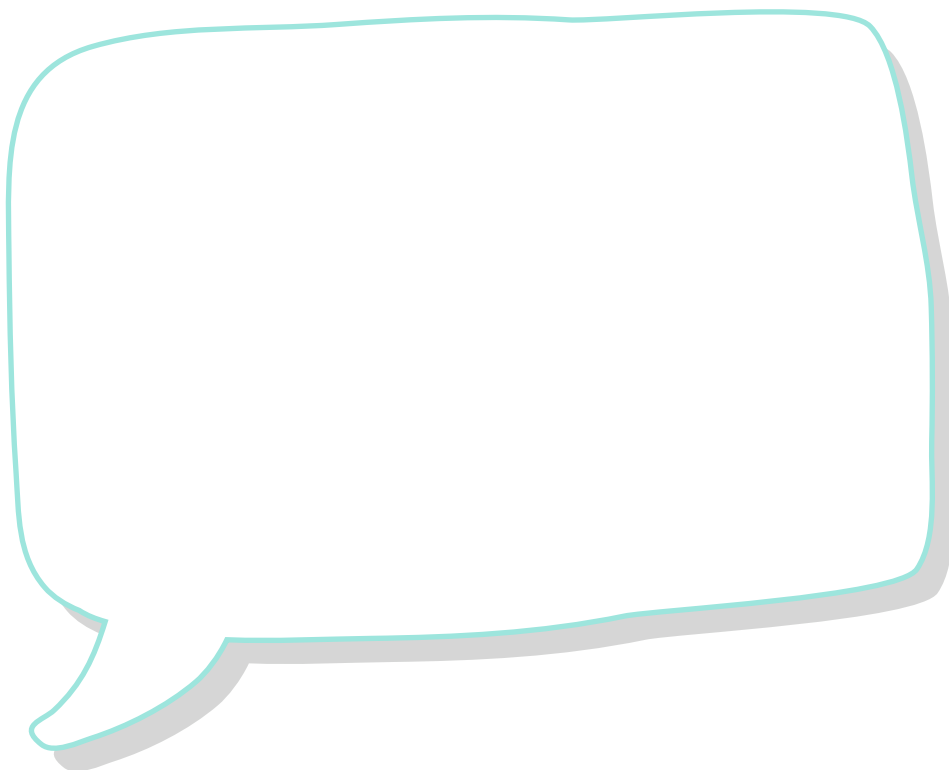
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WHAT THINGS DO I FIND A  
BIT MORE DIFFICULT?

# WHAT I WANT MY FRIENDS TO KNOW

**Your friends and classmates will want to help and make sure you're happy.**

Use these pages to think about the things you want your friends to know about your brain tumour and the different ways they could help. Could they sit with you at playtime if you're feeling a bit tired? Could they play a different game so you could join in?



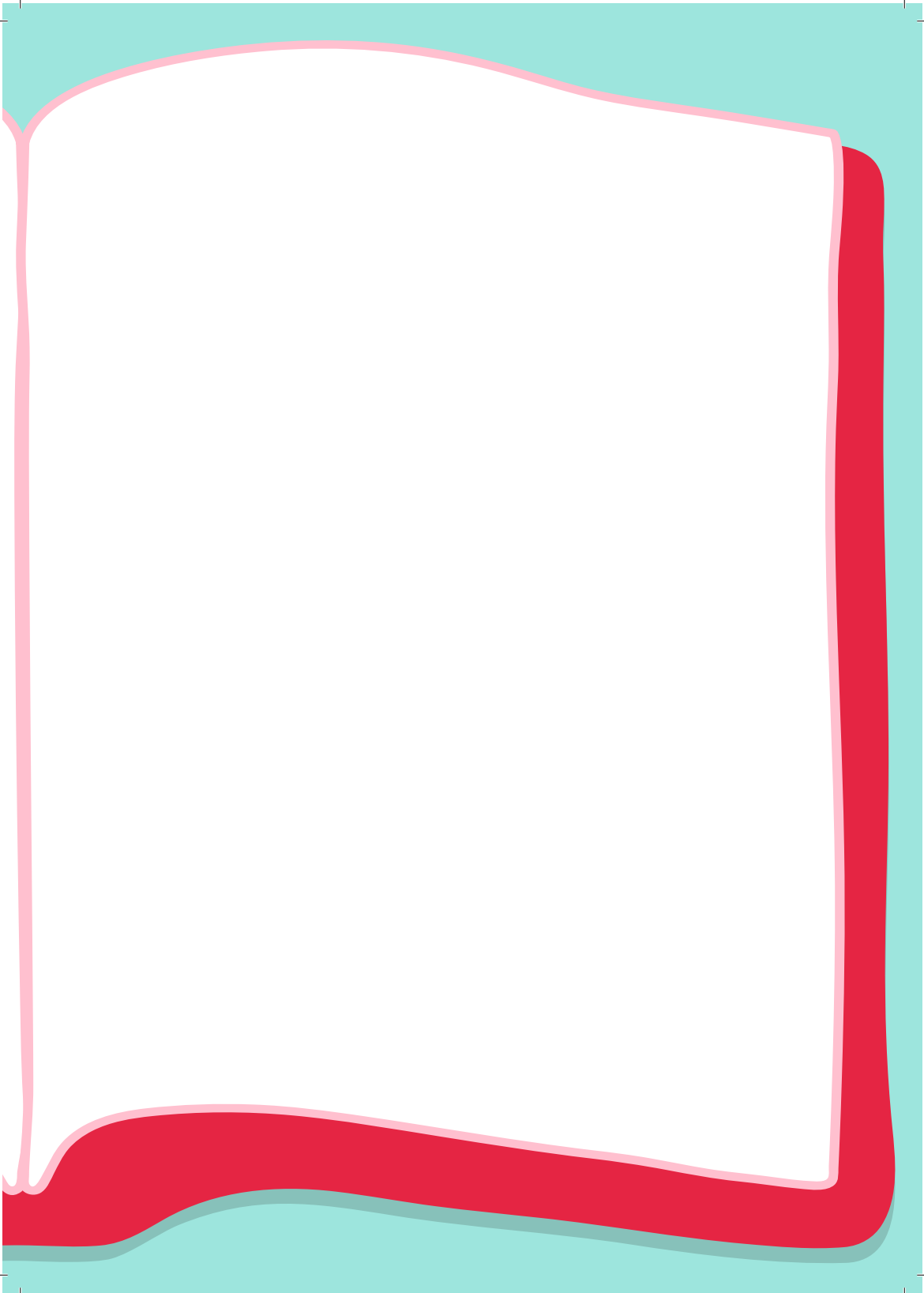
# HOW CAN MY FRIENDS HELP ME?



**If you're thinking about telling your story of your brain tumour, you could use these pages to write down ideas.**

Who do you want to tell? Do you want to make a video? Or perhaps draw a picture? Do you want to talk to your class or could you write something down that your teacher could read?

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GOING  
**FURTHER**  
FOR A CURE!



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