This card is designed to help you know and spot the signs and symptoms of brain tumours in children and young people.

Fortunately brain tumours in children and young people are rare, but they happen.

- A quarter of childhood cancers occur in the brain
- Early diagnosis of brain tumours can improve the outcome
- If you are worried you / your child has a brain tumour, SAY this to your doctor
- The website www.headsmart.org.uk can provide further information, support and reassurance

Any child or young person with symptoms that are unusual for him or her, or are persistent or unexplained, should be seen by a GP. If you are worried make an appointment with your doctor.

Please remember any child or young person needing urgent medical help should be taken to the nearest emergency department or dial 999.

HEADSMART be brain tumour aware

The HeadSmart Campaign is run by a partnership between the Children's Brain Tumour Research Centre (CBTRC) at The University of Nottingham, The Brain Tumour Charity and the Royal College of Paediatrics and Child Health (RCPCH). It is funded and promoted by The Brain Tumour Charity.

If you would like to talk to someone about brain tumours, or the HeadSmart campaign, please contact the Support & Info Line at The Brain Tumour Charity on:

Freephone 0808 800 0004
Free from landlines and most mobiles

or email info@headsmart.org.uk

CBTRC Charitable Status Inland Revenue Number: X15294
The Brain Tumour Charity Registered Charity no: 1150054 (England and Wales) SC045081 (Scotland)
RCPCH Registered Charity no: 1057744
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HEADSMART be brain tumour aware

HEADSMART
be brain tumour aware

This card will give you all the information you need to be brain tumour aware.

www.headsmart.org.uk

Under 5 Preschool

Brain tumours happen...
Symptoms include:

- Persistent / recurrent vomiting
- Balance / co-ordination / walking problems
- Abnormal eye movements
- Behaviour change, particularly lethargy
- Fits or seizures (not with a fever)
- Abnormal head position such as wry neck, head tilt or stiff neck

If your child has one of these, see your doctor
If two or more, ask for an "urgent referral"

5 - 11 Children

Brain tumours happen...
Symptoms include:

- Persistent / recurrent headache
- Persistent / recurrent vomiting
- Balance / co-ordination / walking problems
- Abnormal eye movements
- Blurred or double vision
- Behaviour change
- Fits or seizures
- Abnormal head position such as wry neck, head tilt or stiff neck

If your child has one of these, see your doctor
If two or more, ask for an "urgent referral"

12 - 18 Young People

Brain tumours happen...
Symptoms include:

- Persistent / recurrent headache
- Persistent / recurrent vomiting
- Balance / co-ordination / walking problems
- Abnormal eye movements
- Blurred or double vision
- Behaviour change
- Fits or seizures
- Delayed or arrested puberty, slow growth

If your child has one of these, see your doctor
If two or more, ask for an "urgent referral"
Especially if growth or puberty is slow